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Dr. Naomi Greenblatt of The Rocking Chair and Ellen Kleinhaus of Sharsheret pose for a photo following the completion of co-sponsored spa retreat day for women battling breast cancer and breast cancer survivors.

NEWS



APR 12, 2010 12:10 PM

## The Rocking Chair and Sharsheret team up for a spa retreat day

The Rocking Chair and Sharsheret co-sponsored a spa retreat day for women battling breast cancer and breast cancer survivors.

"Both The Rocking Chair and Sharsheret strive to provide women with compassionate and caring support, as well as education, so that they may live healthy and fulfilling lives," says Dr. Greenblatt of The Rocking Chair. "Women affected by breast cancer are up against an extraordinary challenge. We're so happy to have offered our guests the opportunity to take a few hours to focus on taking care of their own well-being."

Rocking Chair professionals presented the participants with stress reduction techniques, such as yoga and meditation, advice on couples communication strategies, and naturopathic and nutritional tips, particularly geared towards women dealing with breast cancer and the side effects of treatment.



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5:00 PM YESTERDAY  
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OPENS  
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192 HONORS TWO BERGEN  
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