

Survivor Spotlight



NEWS FROM SHARSHERET
BREAST CANCER AWARENESS MONTH UPDATE
OCTOBER 2024



"Sharsheret provides a safe place for conversations about breast cancer and ovarian cancer, for those darkest days when it is tempting and easy to hide away from those who love us. Providing that support for mental health struggles and allowing us to talk about our cancers gives us a soft place to land when the story is difficult."

[Read Leah's Story](#)

Pictured above: Vanessa Ehrlich, ovarian cancer survivor, and 2023 Sharsheret Midwest Champion, presenting Leah Jones with the 2024 Sharsheret Midwest Champion Award.

News & Notes

Order a Free Breast Cancer Survivorship Kit

Whether it's been weeks, months, or years since your diagnosis, order a **FREE** Sharsheret Thriving Again Survivorship Kit. This customized kit comes with a care plan,



personalized resources, exercise bands to help jumpstart a workout routine and also a healthy living cookbook. [Order your kit today.](#)

This offer is exclusively for those who haven't received a kit yet. If you've already received your kit, please reach out to clinicalstaff@sharsheret.org so our social workers can send you any new resources to add to your kit. Thriving Again Kits are sponsored in part by [Daiichi Sankyo](#), [Exact Sciences](#), [Lilly](#) and [Pfizer](#).



Know the Signs and Symptoms of Breast Cancer

1 in 40 people of Ashkenazi Jewish descent carries a BRCA gene mutation, making Jewish families significantly more susceptible to hereditary breast cancer and ovarian cancer. It is important to know [the signs and symptoms](#) whether or not you have a family history of breast cancer. Have questions about your risk? [Contact Sharsheret's genetic counselors.](#)



Upcoming Webinar: Latest Vaccine Developments and More

Join Dr. Kiran Dhillon, Dr. Susan M. Domchek, and Kristen Dahlgren, award winning journalist and former NBC correspondent, for a discussion about the progress of breast cancer vaccines. [Register here.](#) The Summit is sponsored in part with support from [AstraZeneca](#), [Daiichi-Sankyo](#), [Merck](#), [Pfizer](#), [City of Hope Orange County](#), [Eisai](#), [Northwell Health](#), and [RMA Fertility](#).



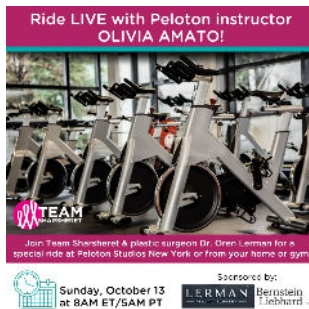
Join Sharsheret's Annual Summit

Stay informed and empowered with the latest updates about breast cancer and ovarian cancer from top national experts. From October 9th- November 10th, join community-based educational program and participate in Sharsheret's virtual webinars. [Don't wait: join us today!](#) The Summit is sponsored in part with support from [AstraZeneca](#), [Daiichi Sankyo](#), [Merck](#), [Pfizer](#), [City of Hope Orange County](#), [Eisai](#), [Northwell Health](#), and [RMA Fertility](#).

The Boobie Docs Hosts Sharsheret CEO



To kick off Breast Cancer Awareness Month, Elana Silber made an appearance on *The Girlfriends Guide to Breast Cancer* podcast. Elana chatted with Radiologist Robyn Roth of The Boobie Docs, on how Sharsheret is wherever you are, and is here for all women, men and families facing breast cancer or ovarian cancer or at an increased genetic risk. [Listen here.](#) Don't forget to check out Dr. Robyn Roth's [Sharsheret Summit webinar From Fact to Fiction on October 15th.](#)



Ride Live With Sharsheret and Peloton

Join us as we ride together during instructor Olivia Amato's Peloton class on Sunday, October 13th at 8 AM ET/5 AM PT. For \$36 get a Team Sharsheret t-shirt! [It's not too late to ride with us.](#) Sponsored by [Bernstein Liebhart](#) and [Dr. Oren Lerman, Plastic Surgeon.](#)



Bake for a Cause With Pies for Prevention

Love to bake? The Pies for Prevention bake sale takes place in cities across the country and supports Sharsheret's ovarian cancer initiative. [Click here to get in touch about leading a bake sale.](#) Pies for Prevention supports the Stephanie Sussman and Ann Nadrich Memorial Jewel and Sharsheret's Ovarian Cancer Program. Sponsored by [Merck.](#)



New Medical Advisory Board Ambassador Amy Shapses and Physical Therapy Pilot Program Launch

Amy Shapses, an integrative physical therapist and educator, is lending her extensive knowledge to launch Sharsheret's new Physical Therapy Support program. This program aims to develop content and educational materials focusing on the benefits of physical therapy for cancer patients and survivors. [Read more here.](#)

An Evening of Wonder in Dallas

Dallas friends, join us on Sunday, November 3rd honoring Featured Speakers and Next Gen Awardees Marissa Kaufman and Simone Noble. [RSVP today.](#)



Save the dates: Our upcoming NYC (11/21) and Southeast (12/15) galas.

SPONSORED CONTENT

Share your breast cancer story with PicnicHealth

Help us improve breast cancer research! Women aged 65+ are invited to join PicnicHealth's study. Your story could be the key to better understanding early breast cancer. Research participation requires a recent breast cancer diagnosis (stages I-III) within the past 3-5 years. [Learn more here.](#)



Summit Virtual Exhibit Corner

Click here to view the exhibit booths of our Summit Sponsors, includes resources from AstraZeneca, Daiichi-Sankyo, and Pfizer. [Learn more here.](#)



SHARSHERET SUMMIT

VIRTUAL EXHIBIT CORNER

Sharsheret stands with Israel and hopes for lasting peace as we continue to provide vital cancer education and support.



Looking for support?

Call 866.474.2774 or email info@sharsheret.org.



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