



DR. MITCHELL GROSS
MEDICAL ONCOLOGIST, MD, PHD

Caregiver Blogs

Perspective of a Jewish Oncologist

"As part of this community of people facing cancer, please consider the caregivers are people too. The overwhelming majority of professional caregiver interactions are governed by a drive to help patients."

[Read More](#)

-Written by Dr. Mitchell Gross

The Caregiver Mistakes I Made So You Don't Have To

"My partner, Sarah, was diagnosed with breast cancer at the age of 27. My experiences caused me to grapple with the unexpected difficulties of caregiving."

[Read More](#)

-Written by an anonymous Spungen Foundation Family Focus program participant

News & Notes

[Request Your Free Caregiver Kit Today](#)

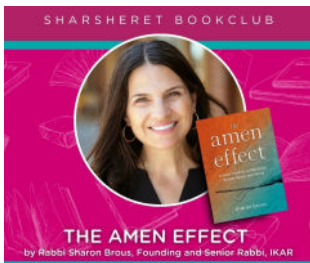


Learning about a loved one's diagnosis can trigger overwhelming feelings and a surge of emotions. Our Spungen Foundation Family Focus® Kit offers valuable caregiving tips and resources to help you navigate this journey. [Order your caregiver kit today.](#) The Kits are sponsored in part by Florence and Laurence Spungen Family Foundation and [Daiichi Sankyo.](#)



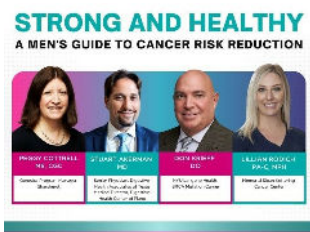
Webinar on 11/20: Balancing Caregiving and Your Love Life

Discover practical strategies for maintaining emotional well-being, fostering communication with your partner, and finding time for self-care. This webinar will empower you to strike a healthy balance between your roles as a caregiver and a partner. [Learn about navigating this difficult role in this upcoming webinar.](#) Sponsored by [Daiichi Sankyo](#), [GSK](#), and Florence and Laurence Spungen Family Foundation.



Sharsheret Bookclub 11/6: "The Amen Effect"

Rabbi Sharon Brous, author of "The Amen Effect," will be having a discussion about "what it means to show up for each other in moments of joy and pain, and build communities of care." [Register now to join the discussion this Wednesday November 6th.](#) The bookclub is a part of the Summit which is sponsored in part with support from [AstraZeneca](#), [Daiichi-Sankyo](#), [Merck](#), [Novartis](#), [Pfizer](#), [City of Hope Orange County](#), [Eisai](#), [Northwell Health](#), and [RMA Fertility.](#)



Navigating Men's Health: Hereditary Cancer Insights on November 13th

Join Sharsheret's Movember webinar focused on men's health and cancer risk. Our expert panel will discuss risk-reducing opportunities including genetic testing, cancer screenings for all men, and for those who specifically carry a hereditary cancer mutation, and important lifestyle behaviors. [Join us on Nov 13—register here.](#) This webinar is sponsored in part with support from [AstraZeneca](#), [Basser Center for BRCA](#), The Siegmund and Edith Blumenthal Memorial Fund, The Max & Anna, Ben & Sarah Baran and Milton Baran Endowment Fund of the Jewish Community Foundation of

Los Angeles, [Daiichi Sankyo](#), and [GSK](#).



Thanksgiving is Coming: We Can Help With Dessert

The Pies for Prevention bake sale is now open across the country. [Find a local pie sale and place your order today](#). Pies for Prevention supports the Stephanie Sussman and Ann Nadrich Memorial Jewel and Sharsheret's Ovarian Cancer Program. Sponsored by [Merck](#).



Register today for the NYC Benefit

New York City friends, join us on Thursday, November 21st for a night honoring Dr. Melissa Frey and hosted by Sharsheret board member and bestselling cookbook author Kim Kushner. The benefit will include dinner, music, and an auction. [RSVP today](#). The Benefit is made possible in part with support from: [Sidley](#), [Bloomberg Philanthropies](#), [Merck](#), [Pfizer](#), [Immunogen](#), and [DavisPolk](#).

Save the date: Sharsheret Southeast Social in Florida, 12/15.



Finding Favorites Hosts Sharsheret CEO

This month Elana Silber made an appearance on the *Finding Favorites* Podcast. Elana chatted with former Midwest Champaign and podcast host Leah Jones. They discussed what people should be doing to understand their personal breast cancer and ovarian cancer risks as well as how Sharsheret is here to help. [Listen here](#).

New Blog



Learning the ABCs of ADCs: A treatment option for ovarian cancer and breast cancer

If you're facing ovarian cancer or breast cancer, you're likely to come across many treatments and medical terms. ADCs, or antibody-drug conjugates, are a kind of treatment option you might hear about. [Access the guide today to learn about ADCs](#).

This blog was sponsored by [AbbVie](#).

SPONSORED CONTENT

Summit Virtual Exhibit Corner

Click here to view the exhibit booths of our Summit Sponsors, which includes resources from [AstraZeneca](#), [Daiichi-Sankyo](#), and [Pfizer](#). [Learn more here](#).



Sharsheret stands with Israel and hopes for lasting peace as we continue to provide vital cancer education and support.



Looking for support?

Call 866.474.2774 or email info@sharsheret.org.



©2024 Sharsheret, a 501(c)3 charitable organization. Sharsheret is a national not-for-profit cancer support, education, and financial assistance organization and does not provide any medical advice or perform any medical procedures. Sharsheret does not endorse or promote any specific medication, treatment, product or service, and makes no guarantees regarding the effectiveness of any product discussed

herein. Any information provided herein is not a substitute for professional medical advice or treatment. You should always seek the advice of your physician or other qualified health provider.

[Privacy Policy](#) | [Terms of Use](#) | [Financials](#)



Sharsheret | 10 East 40th Street 28th Floor | New York, NY 10016 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)