

KNOW

THE FACTS

LEARN

THE RISKS

TAKE

ACTION

ENDOMETRIAL
CANCER



SHARSHERET®

Know The Facts

1 IN 40 CURRENT LIFETIME RISK FOR UTERINE CANCER

ENDOMETRIAL CANCER IS
CANCER OF THE LINING OF
THE UTERUS AND MAKES UP

90-95%
OF ALL UTERINE CANCERS.

2-5%

OF UTERINE CANCERS ARE
HEREDITARY, MOSTLY
RELATED TO LYNCH SYNDROME.

ENDOMETRIAL CANCER RATES ARE RISING IN
THE U.S., THOUGH THE REASONS REMAIN UNCLEAR.

RISK FACTORS FOR ENDOMETRIAL CANCER INCLUDE OBESITY,
ESTROGEN-ONLY HORMONE REPLACEMENT THERAPY, AND TAMOXIFEN USE.

BEING AWARE OF SYMPTOMS IS VITAL FOR EARLY DETECTION.

WOMEN WITH POSTMENOPAUSAL BLEEDING, ABNORMAL BLEEDING (FOR
EXAMPLE: HEAVY BLEEDING, IRREGULAR CYCLES, OR BLEEDING BETWEEN
CYCLES), SPOTTING (ESPECIALLY AFTER MENOPAUSE), PELVIC PAIN, CRAMPING,
OR UNUSUAL DISCHARGE SHOULD UNDERGO PROMPT EVALUATION,
INCLUDING AN ENDOMETRIAL BIOPSY AND TRANSVAGINAL ULTRASOUND.

A STRONG FAMILY HISTORY OF COLON OR ENDOMETRIAL
CANCER MAY WARRANT GENETIC TESTING.

1 IN 280 INDIVIDUALS WITH LYNCH SYNDROME ARE AT INCREASED
RISK FOR ENDOMETRIAL, COLON, OVARIAN, AND OTHER
CANCERS.

WOMEN WITH LYNCH SYNDROME SHOULD DISCUSS INDIVIDUALIZED SURVEILLANCE
AND RISK-REDUCING OPTIONS WITH THEIR HEALTHCARE PROVIDER.

CARRIERS OF A LYNCH SYNDROME
GENE MUTATION HAVE A 50%
CHANCE OF PASSING IT ON TO
EACH OF THEIR CHILDREN.

LYNCH SYNDROME MAY BE CAUSED
BY INHERITED MUTATIONS INVOLVING
FIVE DIFFERENT GENES:
MLH1, MSH2, MSH6, PMS2, AND EPCAM.

WOMEN WHO TEST POSITIVE FOR A BRCA1 OR BRCA2 MUTATION
HAVE A SLIGHTLY INCREASED RISK OF UTERINE SEROUS CANCER,
WHICH IS CLOSELY RELATED TO OVARIAN CANCER.

Take Action



HEALTHY LIVING

Try to eat well, move more, and reduce stress to lower your risk.



SPREAD THE WORD

Share this lifesaving information with others.



FAMILY HISTORY

Know your maternal and paternal family histories. Call Sharsheret's genetic counselors with questions.

Ask Questions

(of your Primary Care Physician or Gynecologist)



RISK FACTORS

I have a history of cancer in my family. What does that mean for me?

What are my risk factors for uterine cancer and what lifestyle changes could I make to reduce these risks?

Are there any indicators in my own health history that suggest I am at higher risk?



GENETICS

A family member on my father's side had uterine cancer. How might this affect me?

Am I a candidate for genetic testing?

If I am found to carry a genetic mutation, what are my options?

Where should I get genetic testing done?

How do I find out if my insurance will cover it?



SCREENING AND EARLY DETECTION

Do I need to have any screening for uterine cancer? If so, what tests are involved?

What are the early signs of uterine cancer that I need to be aware of?

What screening tests do I need if I am at high risk for uterine cancer?

Next Steps

Questions about your risk or your family's risk?

Contact Sharsheret's genetic counselors at genetics@sharsheret.org.

Know someone who has been diagnosed with or is at elevated genetic risk for breast, ovarian or endometrial cancer?

Contact our support team at clinicalstaff@sharsheret.org.

Want to stay connected?

Follow and interact with Sharsheret on social media.



/Sharsheret



@SharsheretOfficial



@Sharsheret

Get Involved

Want to get involved? Contact info@sharsheret.org.

Educate and Empower Your Community!

Plan an educational program for your friends, family, community, synagogue, or school.

Raise Awareness and Funds!

Race as a member of Team Sharsheret or convene a team of family and friends to participate in a live or virtual race.

Grow Sharsheret!

Connect Sharsheret with local medical professionals, cancer organizations, and community organizations to provide lifesaving education and expand Sharsheret's reach in your area.

Support a Program!

Support Sharsheret's programs, which provide resources, guidance, and connection to individuals and families facing breast cancer, ovarian cancer and endometrial cancer. If you are interested in supporting a program, please reach out to learn more about current opportunities.

THE MAIDENBAUM ENDOMETRIAL CANCER PROGRAM IS MADE POSSIBLE BY

MAIDENBAUM
MAIDENBAUM PROPERTY TAX REDUCTION GROUP, LLC

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WITH ADDITIONAL SUPPORT FROM



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Sharsheret is a Jewish not-for-profit organization supporting women and families facing breast cancer and ovarian cancer.